### Jan-May 2026 Enrichments

Please note that enrichments have different start/ending dates and session lengths vary.

Monday	Tuesday	Wednesday	Thursday	Friday
• HWT  12:30-1:15pm or 1:15-2pm (Kindergarten Students)  7 weeks- Winter: 1/12-3/9 (no class 1/19, 2/16)  Spring: 3/16-5/11 (no class 3/30, 4/6)	• Piano 12:30-1:15pm  16 weeks- 1/13-5/12 (no class 2/17-3/31)	• My Gym Tumbling & Cardio 12:30-1:15pm 17 weeks- 1/14-5/13 (no class 4/1)		• Cooking 12:30-1:15pm 7 weeks- 3/20-5/15 (no class 4/3, 5/1)
• Ballet 12:30-1:15pm 14 Weeks- 1/12-5/11 (no class 1/19, 2/16, 3/30,4/6)				• Soccer Shots 12:30-1:15pm  8 weeks- 1/16-3/6
	F	• 4s Enrichment For Pre-K AM Students O 12:45-2:45pm	nly	

• HWT 3-3:45pm	Happy Hands     3-4:45pm	• Gymnastics • 3-3:45pm	• Spanish 3-3:45pm	• Brit-Am 3-3:45pm
7 weeks- <u>Winter:</u> 1/12-3/9 (no class 1/19, 2/16)	8 weeks- <u>Winter:</u> 1/13-3/10 (no class: 2/17)	7 weeks- 1/14-2/25 (no class 4/1)	16 weeks- 1/15-5/14 (no class 4/2, 4/30)	16 weeks- 1/16-5/15 (no class 4/3-5/1)
<u>Spring:</u> 3/16-5/11 (no class 3/30, 4/6)	<u>Spring:</u> 3/17-5/12 (no class 3/31)			
• Golf	• Piano			
3-3:45pm	3-3:45pm			
8 weeks-	16 weeks-			
3/9-5/11	1/13-5/12			
(no class 3/30, 4/6)	(no class 2/17-3/31)			
• Mindfulness				
3-3:45pm				
14 weeks- 1/12-5/11 (no class 1/19, 2/16, 3/30, 4/6)				



### **Handwriting Without Tears**

In this enrichment, an Occupational Therapist from The Point OT will offer small group instruction to Pre-K and Kindergarten students to help them build fine motor skills, increase Kindergarten/1st Grade readiness, and promote mastery of letter formation. We will use multisensory and fun activities to help reinforce concepts learned in school. Additionally, with the support of OT instruction, we will incorporate other areas of development to help promote writing more efficiently.

### **Circle One Winter Session:**

7 weeks Monday 12:30-1:15 p.m. (\$315) Beginning 1/12, ending 3/9 (No class on 1/19, 2/16)

7 weeks Monday 1:15-2:00 p.m. (\$315) – *Kindergarten Students* Beginning 1/12, ending 3/9 (No class on 1/19, 2/16)

7 weeks Monday 3:00-3:45 p.m. (\$315) Beginning 1/12, ending 3/9 (No class on 1/19, 2/16)

### **Circle One Spring Session:**

7 weeks Monday 12:30-1:15 p.m. (\$315) Beginning 3/16, ending 5/11 (No class on 3/30, 4/6)

7 weeks Monday 1:15-2:00 p.m. (\$315) – *Kindergarten Students* Beginning 3/16, ending 5/11 (No class on 3/30, 4/6)

7 weeks Monday 3:00-3:45 p.m. (\$315) Beginning 3/16, ending 5/11 (No class on 3/30, 4/6)

Child's Name:	
Age: Teacher's Name:	Carpool Number:
Parent/Guardian Name:	
Phone Number (Cell):	
Email:	
Emergency contact name and number(s):	
	-
	_
List any allergies or special needs:	



### **Ballet Enrichment**

### **Bella Ballet**

The idea behind our Ballet program for children ages 3-5 is simple; we strive to educate our students with the traditional techniques, build confidence, and encourage their imagination. We will provide every student with quality education and individual attention to nurture their love of dance while incorporating imagery and creativity to encourage our dancers to think in their own, unique way. **Families are invited to a performance during the final class on May 11**th.

14 weeks Monday 12:30-1:15 pm. (\$485)

Class begins 1/12 – 5/11 (No class on 1/19, 2/16, 3/30, 4/6)

The performance will take place on May 11th

Child's Name:	
Age:Teacher's Name:	
Parent/Guardian Name:	
Phone Number (Cell):	
Email:	
Emergency contact name and number(s):	
List any allergies or special needs:	



### **Golf Enrichment**

Our Kids Golf Enrichment offers a fun and energetic introduction to the game of golf! Open to all skill levels, the program creates a positive and playful environment where kids can learn the fundamentals of golf. Through fun games, interactive lessons, and hands-on practice, children develop key skills like swinging, putting, and aiming, while also building teamwork, patience, focus, and self-confidence. **Children must be potty trained.** 

### 8 weeks Monday 3:00-3:45 p.m. (\$200)

Class begins 3/9 and ends 5/11 (no class 3/30, 4/6)

Child's Name:	
Age: Teacher's Name:	Carpool Number:
Parent/Guardian Name:	
Phone Number (Cell):	
Email:	
Emergency contact name and number(s):	
	-
List any allergies or special needs:	- 



### Mindfulness & Yoga

Introduce your child to the wonders of mindfulness and yoga with our Mindfulness & Yoga class! This playful and nurturing class invites students on a journey of exploration and discovery, teaching lifelong skills of how to be calm and happy!

Led by our beloved Mindfulness teacher, Mrs. Prayag. Each class will involve:

- Mindful activities: Simple breathing techniques to help children focus, relax, and stay calm
- Interactive story telling: Engaging stories that incorporate movement and mindfulness principles.
- Gentle Yoga Poses: Using friendly animal poses to enhance flexibility, strength, coordination, and balance.
- Creative Play: Interactive games, fun songs, riddles, props, etc.
- Relaxation: Using imaginative techniques to cultivate a sense of calm and joy

# 14 weeks Mondays 3:00-3:45 (\$350) Beginning 1/12 and ending 5/11 (No class 1/19, 2/16, 3/30, 4/6)

Child's Nam	ne:	
Age:	_Teacher's Name:	Carpool Number:
Parent/Guai	rdian Name:	
Phone Num	ber (Cell):	
Email:		
	contact name and number(s):	
	rgies or special needs:	



### Fun and Easy Piano for Young Children

This class is designed for 3- to 5-year-olds and focuses on singing, rhythm, movement and relaxed finger playing. All finger practice pieces used in this course use a natural, relaxed hand position to prepare for later keyboard activities. This class is limited to six (6) children.

16 weeks Tuesday 12:30-1:15 p.m. (\$400)

Class begins 1/13 and ends 5/12 (No class on 2/17, 3/31)

16 weeks Tuesday 3:00-3:45 p.m. (\$400)

Class begins 1/13 and ends 5/12 (No class on 2/17, 3/31)

Child's Name:		
Age:Teacher's Name:	Carpool Number:	_
Parent/Guardian Name:		
Phone Number (Cell):		
Email:		
Emergency contact name and number(s):		
	-	
List any allergies or special needs:		

### THE POINT

# Happy Hands (Fine Motor Skills Group)



This play-based and interactive fine motor group, led by an occupational therapist, will target skills needed for successful participation in age-appropriate tasks! Skills that will be focused on include core strength and stability, in-hand manipulation and dexterity skills, hand-eye coordination, hand and digital strength, precision, and bilateral coordination. This class is limited to eight (8) children.

Vinter Session:
3 weeks Tuesday 3:00-3:45 p.m. (\$400)
Beginning 1/13, ending 3/10 (No class on 2/17
Spring Session:

8 weeks Tuesday 3:00-3:45 p.m. (\$400)

Beginning 3/17, ending 5/12 (No class on 3/31)

Child's Name:	
Age:Teacher's Name:	Carpool Number:
Parent/Guardian Name:	
Phone Number (Cell):	
Email:	
Emergency contact name and number(s):	
	-
List any allergies or special needs:	



### **Tumbling and Cardio Enrichment Registration**

Our young Gymnasts develop strength, flexibility, and agility as our teachers introduce tumbling/gymnastic skills with the safest spotting techniques and communication through language geared to build self-esteem and confidence. My Gym teachers use positive reinforcement for self-reliance and following directions while kids learn tumbling skills like basic rolls, cartwheels, kicks and balancing skills and more! We also make class fun with games and relays all designed to build physical and social-emotional skills.

### 17 weeks Wednesday 12:30-1:15 p.m. (\$425)

Class begins 1/14 and ends 5/13 (No class on 4/1)

Child's Name:	
Age: Teacher's Name:	Carpool Number:
Parent/Guardian Name:	
Phone Number (Cell):	
Email:	
Emergency contact name and number(s):	
List any allergies or special needs:	



# **Gymnastics** (3-5 year olds)

Get ready to flip, roll, and stretch your way through seven weeks of fun, fitness, and confidence! This gymnastics program focuses on skills like safe movement, balance, flexibility, body awareness, jumping and stretching. Each week chidren will build on skills through games, teamwork, and imaginative challenges.

We will wrap up the session with a mini performance where every child gets to shine by demonstrating a skill or combo! Families are invited to the mini performance that will take place on Wednesday, February 25<sup>th</sup>, 2025.

### 7 weeks Wednesdays 3:00 - 3:45pm (\$210)

Beginning 1/14, ending 2/25

Mini Performance: February 25th, 2025.

Child's Name:		
Age: Teacher's Name:	Carpool Number:	
Parent/Guardian Name:		
Phone Number (Cell):		
Email:		
Emergency contact name and number(s):		
List any allergies or special needs:		



### Español para Niños-Spanish for Kids

Hola! In this Spanish enrichment, Ms. Daisy Lizama will teach your children Spanish language basics. The children will learn through fun and interactive songs, games, and hands-on activities. This session will include special themed activities based on the children's interests and will teach colors, numbers, shapes, and words for the children to use every day. Take-home activities will be sent home to reinforce the class lessons and themes.

### 16 weeks Thursday 3:00-3:45 p.m. (\$400) with Ms. Lizama

Beginning 1/15, ending 5/14 (no class on 4/2, 4/30)

Child's Nan	ne:	
Age:	_ Teacher's Name:	Carpool Number:
Parent/Gua	rdian Name:	
Phone Num	ber (Cell):	
Email:		
0 ,	contact name and number(s):	
List any alle	rgies or special needs:	



# Cooking Enrichment Registration (Ages 3 to 5 years old)

### **Let's Get Cooking Class**

Professional chef and teacher, Kristen Phillips of A Family Kitchen, offers this fun and creative cooking class for the young chef! Students will make delicious snacks each week, try new foods, and learn basic cooking skills, knife skills, math and measuring, and kitchen safety. All students will receive weekly recipes and their own cookbook at the end of the program. Maximum of 12 students.

### 7 weeks Fridays 12:30 - 1:15 p.m. (\$224)

Beginning 3/20 – 5/15 (no class 4/3, 5/1)

Child's Name:	
Age:Teacher's Name:	
Parent/Guardian Name:	
Phone Number (Cell):	
Email:	
Emergency contact name and number(s):	_
List any allergies or special needs:	<del>-</del> 



### **Soccer Enrichment Registration**

### **Soccer Shots Soccer**

Soccer Shots is an engaging children's soccer program with a focus on character development. Our caring team positively impacts children's lives on and off the field through best-in-class coaching, curriculum, and communication. This program will introduce fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game. Through fun games, songs and positive reinforcement, children will begin to experience the joy of playing soccer and being active!

8 weeks Friday 12:30-1:15 p.m. (\$200) Class begins 1/16 and ends 3/6

Child's Name		
Age Teacher's Name:		CARPOOL NUMBER
Parent/Guardian Name		
Street Address		
City, State & Zip		
Tel (H)	Tel (Cell)	
Email		
Emergency contact name and number(s)		
List any allergies or special needs		



### **Soccer Enrichment Registration**

### **Brit-Am Soccer**

Brit-Am Soccer has grown into one of the leading providers of soccer classes in Maryland for children ages 3-8. Their professionally trained and highly motivated staff provide children with games and activities that will stimulate both their mental and physical growth while teaching the rules of the great game of soccer.

16 weeks Friday 3:00-3:45 p.m. (\$400) with Brit-Am (3 - 5-year-olds only)

Class begins 1/16 and ends 5/15 (No class 4/3 and 5/1)

Child's Name:		
Age:Teac	her's Name:	Carpool Number:
Parent/Guardian N	Name:	
Phone Number (C	ell):	
Email:		
<b>5</b>	ct name and number(s):	
List any allergies (	or special needs:	



Ages 2 through Kindergarten

# Winter/Spring 2026 4s' Enrichment Program (For Pre-K AM Students Only) Tuesdays, Wednesdays & Thursdays



Our special enrichment program is designed just for 4-year-olds who will be heading to kindergarten next year. The 4s' Enrichment Program helps strengthen early reading, writing, and math skills in fun and engaging ways. We use a Whole Language Approach, with early readers, hands-on math tools, and activity centers focused on literacy and math. To keep learning exciting, we also incorporate games, art, cooking, music, and movement whenever it fits.

#### Skills

### Literacy Skills

### Rhyming Words

- Use of Syllables
- Word Families
- Story Structure
- Sight Words

### Math Skills

- Graphing
- Measurement
- Number Sense
- Cooking

### Writing Skills

- Journals
- Letters
- Names
- Numbers

\*Please note that projects, art, games, and cooking activities will be included in the program as they relate to the theme being taught each week.

#### **ENRICHMENT SCHEDULE**

12:45-1:10 Playground/Movement Activities

1:10-1:30 Thematic Story, the skill of the day, introduce independent activities

1:30 Literacy Activity/Project/Art/Game/Cooking

2:00 Snack

2:15-2:45 Math Activity/Project/Game

2:45 Dismissal

Tuesdays, Wednesdays & Thursdays - \$2500 12:45 p.m.-2:45 p.m. January 6<sup>th</sup> through May 21<sup>st</sup> (no class 2/17, 3/31, 4/1, 4/2, 4/30)





### 4s' Enrichment Program Registration Form

Child's Name:		
Age:Teacher's Name:	Carpool Number:	
Parent/Guardian Name:		
Phone Number (Cell):		
Email:		
Emergency contact name and number(s):		
List any allergies or special needs:		
Total amount enclosed: \$	Date	
☐ Check#		
☐ Cash		
☐ Credit Card (send me a bill)		



### **Getting Ready for Preschool Class!**

This class is specifically designed for children ages 18-24 months and their caregivers! Parents, nannies, and grandparents are welcome!



Fridays 1-1:45 p.m.

January 9<sup>th</sup> – May 15<sup>th</sup>

No class on April 3 and May 1

Geneva Day School will introduce your child to classroom routines while engaging them in thematic, age-appropriate art, stories, finger plays, songs, snacks and more! Caregivers will learn tips for activities to do at home!

\$25 per session

Spots are limited—register today!

For more information contact office@genevadayschool.org or 301-340-7704.

### **Getting Ready for Preschool Registration Form – 2026**

Child's I	Name:		· · · · · · · · · · · · · · · · · · ·		DOB:	
						<del> </del>
Street A	ddress:	<del> </del>				
City, Sta	ate & Zip:	· · · · · · · · · · · · · · · · · · ·				
Tel (H):			Tel	(Cell):		<del></del>
Email: _						
Emerge	ncy contact na	ame and nun	nber(s):			<del> </del>
List any	allergies or s <sub>l</sub>	pecial needs	·			
			e interested in	attending:		
1/9	2/6	3/6	4/10	5/8		
1/16	2/13	3/13	4/17	5/15		
1/23	2/20	3/20	4/24			
1/30	2/27	3/27				
Total am	ount enclosed	l: \$	Check #	Date		